



## **Arlington Youth Health and Safety Coalition-November Minutes**

Date: November 7th, 2019

Time: 5:30-7 pm

Location: *Whittemore Robbins House*

Attendance: Karen Koretsky, Sarah Augood, Sarah Lee, Kathy Hirsch, Carlene Newell, Pat Egan, Bryan White, Gwen Van Allen, Tom Peterson, Cindy Curran

### **Minutes**

***Introductions & Gratitude exercise: Name one small thing you are grateful for today.***

***Minutes:*** Accept October 2019 meeting minutes, Sarah motioned to approve, Carlene seconded, all approved the September 2019 meeting minutes.

### **Student Advisor Updates:**

*Students reflected on the governor's recent vaping ban and if it has had an impact on student use. The student's observations are that students are vaping THC now and it is widely used. Vaping nicotine is not as common.*

*Prevention Allies students and Black Student Union students at AHS are working on a mini grant focused on Racial justice.*

*Increased aggression and agitation among those in active addiction.*

*Discussion on how to share YRBS highlights with AHS students.*

### **Parent Updates:**

*Parents tabling at school events continues.*

*We would like to recruit more parents.*

*Examine messaging in community to share our information.*

*Potential ideas include: middle school webmasters, social media, elementary school messages about healthy vs non healthy, elevating that most don't*

### **Coalition Updates:**

Karen spoke about current projects including: podcast, prevention chats, videos, AHS advisory, NTTY, Parent Forums

***Sarah Augood reported on the marijuana meeting group. Apotheca submitted an application for a recreational facility.***

Meeting adjourned at 6:45 pm. Next meeting is scheduled for November 7th, 2019